

Culture Change in Elder Health Care

Creative Thinking As A Skill - Wear A Crazy Hat

Day one-A WEL curriculum designed to create better homelike, person-centered communities in traditional institutional settings. (A TWO DAY WORKSHOP - 4 HOURS A DAY)

Day One



- What really matters? (*group exercise*)
- What is “Elder Centered Community Service”?
- First Things First - An Open Mind Surgery.
- A health care generation focused on WELLNESS for a better quality of life
- What is WELLNESS?
- The Environment as our extended body - Invisible Relations
- Nurturing CREATIVITY - A tonic for longevity
- **The Golden Wheel:** Knowing Your Residents - Active Participation
- How to nurture **deeper and meaningful relations** - Community Synergy
 - About Dignity and Honesty
 - About Better Communication
 - Conflicts Can Be Positive and Help Us
- How meaningful **assessments** of elders and **profiles** of staff, volunteers and vendors are invaluable to better understand and serve all community members.
- Nurturing an **inclusive community** as a representation of the blending and inter-relationships of interest, dreams, skills of all age groups.
- How are we listening? With our ears, eyes, touch and much more? Listening for the details. How can we listen for the better?
 - Listening Exercise.
 - Listening For Better Quality of Life (EOFULA Project)
 - Listening, a skill to Better Serve
- How to utilize community resources and volunteers to diversify and enrich the quality of life in our communities in a more creative and cost effective way.
- WELLNESS For ALL Community Members (*Assignment for next day*)
- Quality Indicators for better life - A common vision and mission
- Evaluating our services and programs - Recap What really matters?

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DAY 2

- 🎧 The Most Important Of All - Our People
- 🎧 Connecting with my-self - Daily Doses of Healing Power
- 🎧 Multiple Communities - Multiple Relations
- 🎧 The "JOYFUL I DO" (*Group exercise*)
- 🎧 Listening For A Better Life - "Informal" Community Gatherings
- 🎧 **Team Building Exercise**
- 🎧 Person-centered care planning.
- 🎧 How To Incorporate Nature and Color Medicine to Nurture Our Life
- 🎧 Body Language - A Welcoming Invitation?
- 🎧 Journals For A Better Life
- 🎧 Better Ways to Take Care of Our Employees
- 🎧 Our Volunteers and Caregivers = Our fingers.
- 🎧 The importance and value of developing an in-house volunteer program.
- 🎧 Better Methods to Communicate our Programs
- 🎧 Delivering The Unexpected
- 🎧 Each Elders is unique and a miracle... because we LIVE until the day we die.
- 🎧 SO... WHAT REALLY MATTERS THEN? (*Group Exercise*)

**Special Request for all participants -
Create a Crazy Hat and bring it to the workshop.**

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