

WEL Meaningful, Individual, Inclusive and FUN Program for Dementia Settings.

(Day 1 – 4 hours Training with a Workbook)

Part I: Understanding Dementia and Alzheimer's Disease – Overview

- The Four Stages of the Disease
- Types of Dementia
- What is Alzheimer's
- How the Brain guides our body
- Aphasia, Apraxia, Agnosia, Amnesia
- Fear and Delusions
- Depression, Hallucinations and Delirium
- Verbal and Nonverbal Communication Skills
- Validation vs. Reality Orientation
- Environmental Issues that Can Affect our Elders and the Effectiveness of Program Participation
- Creating Multisensory Environments
- How to Design a Person-Centered Individual Program
- The importance and Value of Relations in a Dementia-Alzheimer's Community

Training includes

- Handouts of all Power Point Presentations Part I and II
- A Digital Photo Collage send by e-mail
- Workbook Part I and II

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Part II: How to Assemble, Plan and Deliver a good daily Activities and Therapeutic Recreation Program

- What really matters? – comments from the group
- Inclusive Treatment Plans – With the Elder, Family and Caregivers
- Interdisciplinary Care Plans – Listen to Understand
- Assessments (Data Gathering)
- What do we need to assess and why?
- Developing a Personal Profile with Family and Team Members
- Assembling and Inclusive Daily Program that Meet the Needs and Diversity of the population we serve
- Type of Programs – Low, Mid and High functioning
- Helpful Setting for Elders and Caregivers
- Formal and Informal Programs
- Evaluation Tools and Documentation
- Example of Seasonal and intergenerational Programs
- Working with Family Members – Examples of programs to encourage meaningful visits and positive interactions
- What really matters? ... Discussion and conclusions.

Special Request for all participants -
Complete a Form “Portrait of Myself” and bring it to the workshop.

*Prepared by Kathy J. Ward
Recreation Therapy Consultant
Clinical Gerontologist
National Assisted Living Administrator Certified
www.recreationtherapyforseniors.net
connection@kathyjward.com*